

CARMEL SPORTS CLUB

2020-2021 SAFETY GUIDELINES & PROCEDURES

Help us keep everyone safe

As we begin our 2020/21 season, we want to assure everyone's safety and health is our priority by following the CDC and DOH recommended safety guidelines. Please read through our guidelines to help assist in the procedures and protocols that will be in place upon entering the Carmel Sports Club facility.

COVID-19 update and Cleaning:

We have been cleaning the facility with EPA registered products that are effective against Coronavirus killing 99.9% of bacteria and viruses.

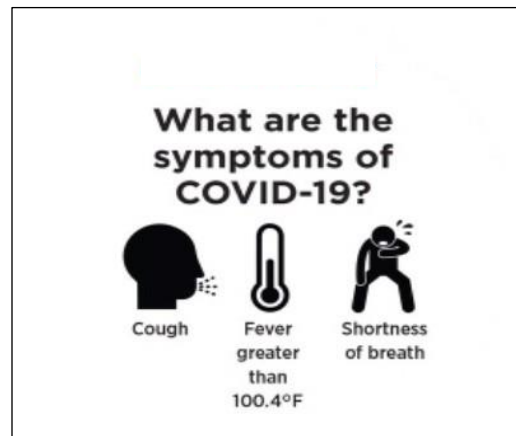
1. Soap and Water
2. Clorox disinfectant
3. BioCide 100 – disinfectant, sanitizer, germicide, virucide and deodorizer.
4. A hot steam cleaner that uses up to 226° F pressured steam for a deep sanitized clean.

Sanitizing and disinfecting will be part of our daily routine disinfecting frequently touched and common areas throughout business hours.

Employee Screening:

All employees will be screened upon their arrival.

- ✓ Temperature taken
- ✓ Mask
- ✓ Washed hand
- ✓ Contact tracer log
- ✓ Work area clean



Safety guidelines and protocols:

Players and participants:

- All participants entering the facility will be properly screened at every practice.
 - **Covid-19 screening form must be filled out, signed by parents and submitted at every practice. No one will be permitted without this form.**
 - Players must enter the facility with a mask and can take off for play.
 - Temperatures and hand sanitizing will take place before entry into the building. A staff will check everyone at the door. Please have your Covid-19 health forms out.
 - If you are experiencing any of the following symptoms, please stay home. Fever 100.4 F or greater, coughing, sore throat, loss of taste or smell, shortness of breath, runny nose, muscle aches or any flu like symptoms.
- In order to prevent gatherings and reducing the number of people entering the facility, Parents will NOT be permitted inside the facility. If parents gather in parking lot, please wear a mask or remain 6ft. from each other.

- Everyone must enter the front door and exit court or turf side to reduce cross over contact with other groups. Please wait at front steps and a staff member will check everyone in. Please remain social distance.
- Exiting the facility. Your child will be exiting accordingly: see parking lot diagram
 - Basketball, Volleyball – Court Exit (B)
 - Turf Clinics – Athlete Development, Baseball, Field Hockey, Lacrosse exit Turf side (C)
 - No one should be exiting the Front door, except Kids Open Play camp days
- There are hand sanitizer stations throughout the facility, please sanitize your hands frequently.
- Do not touch your face, eyes or mouth and cough in your elbow.
- Minimize what you bring in, keep all belongings to yourself and in your bag.
- Minimize equipment. If Coaches are supplying balls for their practices, please leave your balls home.
- Be mindful of social distancing when not in play.
- Come dress to play and refrain from clothing changes.
- Players should refrain from unnecessary touching of equipment and goals. Coaches should handle all equipment such as cones and moving goals.
- **No outdoor cleats allowed. Indoor turf shoe or sneakers only.**
- No food on court or turf area. Bring a water bottle or we have water bottles for sale at concession.
- Please clean up after yourselves. There are garbage bins throughout the facility.

Coaches:

- Coaches must wear mask at all times.
- No one except coaches and players are permitted within the facility.
- Check-in at the front door with Covid screening form and temperature to be taken.
- Number of people allowed per group per field – 18 players excluding coaches.
- Remain only on your scheduled fields.
- Be mindful of having players social distance when not in play.
- If you move a goal to a new location, please return them to its original place. Goals are not to be dragged in its upright position. Please bring the goals forward to the ground and push.
- Please have your players clean up after themselves before leaving. There are garbage bins around the turf and court area.
- Be mindful of your time as we are on a tight schedule. Exit the court/field so the next group may enter.
- No one is allowed in the lobby area unless you have to use the restroom or it's an emergency.
- Only 1 person at a time in the restrooms.
- **MAKE NOTE:** It is up to the Coaches or its organization to call and notify the Club Sports Club if a practice will be cancelled on their behalf. A notification of cancellation will allow a make-up date within the current season period and will not be carried over. If no such notification is made, you will lose that day and no make up will be granted. Email lwong@carmelsportsclub.com.

Help keep everyone safe by following the safety guidelines.

Make sure you print out Clinic Covid Screening form.

Any questions please email Laura Wong lwong@carmelsportsclub.com or (845) 228-2550